

# The Spa at Ballantyne

*Pro Trainer Fitness*

## March Classes

### Monday

10am Water Workout\*\*  
7pm Zumba Gold

### Tuesday

630pm Belly Dance \$15\*

### Wednesday

10am Water Workout\*\*  
6:30pm Belly Dance Boot Camp\*

### Thursday

615pm Belly Dance \$15\*  
715pm Belly Dance \$15\*

### Friday

10am Water Workout \*\*

### Saturday

11am Belly Dance \$15\*  
12pm Water Workout\*\*

classes \$540

**All Classes \$10 each**

Class Card of 5 - \$45

Class Card of 10 - \$90

Class Card of 15 - \$120

1 year Unlimited

*\*Belly Dance Classes 4 for \$60*